

CHEHALIS TRIBAL WELLNESS CENTER

By

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CHRONIC DISEASE STATED BY CDC

- ☐ Chronic diseases are responsible for 7 of 10 deaths each year and treating people with chronic diseases accounts for most of our nation's health care costs. Find out how CDC's chronic disease prevention system brings together data, health care systems, and communities to support healthy choices and reduce risk behaviors for all Americans.

WHAT WE KNOW

- ☐ CDC STATES AI/AN'S HIGHEST MORTALITY RATE FROM HEP C AND ANY RACE OR ETHNICITY.
- ☐ INDIAN HEALTH SERVICE ESTIMATES 120,000 AI/AN'S INFECTED WITH HEP C WITH MAJORITY UNTREATED
- ☐ 1,272 USER POPULATION FOR CTWC
- ☐ LOW SCREENING RATE FOR HEP C AT CTWC BUT:
- ☐ CURRENTLY 7.5% POSITIVE RATE FOR HEP C AT CTWC
- ☐ CURING HEP C WILL REDUCE PATIENT RISK FOR DEVELOPING LIVER CANCER AND LIVER FAILURE.
- ☐ UNTREATED HEP C CAUSES A LARGER FINANCIAL BURDEN.
- ☐ HEP C HISTORICALLY DIFFICULT TO TREAT
- ☐ OPTIONS HAVE VASTLY IMPROVED AND CURRENT TREATMENTS HAVE LITTLE TO NO SIDE EFFECTS, MAKING PEOPLE MORE LIKELY TO TAKE TREATMENT FOR HEP C

APPROACH

- ☐ TRAIN ALL CTWC MEDICAL STAFF TO TREAT HEP C.
- ☐ CHEHALIS TRIBE HOSTING TRAINING
- ☐ CTWC PROVIDER HAS ALREADY TAKEN U/W HEP C COURSE ONLINE.
<https://www.hepatitisc.uw.edu/>
- ☐ WE HAVE AN IN-HOUSE PHARMACY SO WE CAN OBTAIN THE TREATMENT MEDICATIONS AT COST.

TRAINING AGENDA

- ☐ **Hepatitis C Clinical Training – June 11, 2018**
- ☐ **Chehalis Tribe, Oakville, WA**
- ☐ Hepatitis C (HCV) is common, has a high rate of mortality in Indian Country, and can be cured at the primary care level. A free clinical training is being offered for I/T/U facilities

to provide HCV services at the primary care level with *Dr. Justin Iwasaki* and *Dr. Jorge Mera, Director of Infectious Diseases for Cherokee Nation Health Service*. Special attention will be paid to starting a HCV treatment program using the ECHO model of collaborative learning and knowledge sharing. CE will be offered.

- ▣ Register for the training at <https://www.surveymonkey.com/r/HepatitisCtrainingChehalis>
- ▣ **Where:** The Chehalis Tribal Wellness Center, 21 Niederman Rd, Oakville, WA 98568 (Local lodging and accommodation options include the [Lucky Eagle Hotel & Casino](#) and the [Great Wolf Lodge](#))
- ▣ **When:** June 11, 2018
- ▣ **Who:** Physicians, midlevels, pharmacists, nurses, and other clinicians from I/T/U sites interested in getting a new skill in HCV are invited to attend.
- ▣ **Wednesday, June 11 (Note all times PST)**
 - ▣ 8-8:15 Blessing – *TBD*
 - ▣ 8:15-8:25 Introduction to the training – *David Stephens, RN*
 - ▣ 8:25-8:30 Welcome – *Denise Walker*
 - ▣ 8:30-8:45 The Epi of HCV in WA (ppt) – *Sarah Hatcher, PhD*
 - ▣ 8:45-9:30 HCV at your location: An Overview (Discussion) *Attendees are invited to give an overview of HCV caseload at their site, and share what would be most helpful in their efforts to treat HCV*
 - ▣ 9:30-9:45 Break
 - ▣ 9:45-noon HCV Screening, Management, & Treatment Guidelines (ppt) – *Justin Iwasaki, MD*
 - ▣ noon-1:00pm Lunch
 - ▣ 1:00-1:30pm Accessing HCV Medications (ppt/discussion) – *Jessica Reinstra, RN*
 - ▣ 1:30-1:45pm Treatment Discussion-1 pt from XXX (*Case Number, Name of Presenter*)
 - ▣ 1:45-2:00pm Treatment Discussion-1 pt from XXX (*Case Number, Name of Presenter*)
 - ▣ 2:00-2:15pm Treatment Discussion-1 pt from XXX (*Case Number, Name of Presenter*)
 - ▣ 2:15-2:30pm Treatment Discussion-1 pt from XXX (*Case Number, Name of Presenter*)
 - ▣ 2:30-2:45pm Treatment Discussion-1 pt from XXX (*Case Number, Name of Presenter*)
 - ▣ 2:45-3:00pm Treatment Discussion-1 pt from XXX (*Case Number, Name of Presenter*)
 - ▣ 3:00-3:15pm Break

- ▣ 3:15-3:45pm “Starting a Hepatitis C Elimination Program at Grand Ronde” (ppt) – *Randy Blome, MD*
- ▣ 3:45-4:30pm “Elimination Program at Cherokee/or Lummi and Starting a SSP” (ppt) - *TBD*
- ▣ 4:30pm Discussion, Questions, Review – Share available ECHO
Dates/Times

APPROACH-OUTREACH TEAM

- ▣ STOP THE SPREAD OF COMMUNICABLE DISEASES
- ▣ PHYSICIAN (new hire), NURSE, DENTIST ADMINISTRATION, POLICE, CHEMICAL DEPENDENCY, SOCIAL WORKER, TRIBAL MEMBER.
- ▣ GO OUT INTO THE COMMUNITY AND FIND THOSE WHO DON’T COME IN
- ▣ GAIN THEIR TRUST
 - Take food
 - Just talk
 - No names to start with but a number
 - Treat what we can in field until they will come in
 - Take their Hep C medication to the patient

PARTNERING

- ▣ WE KNOW WE HAVE NON-INDIANS PARTNERED WITH OUR TRIBAL MEMBERS
- ▣ TRIBAL MEMBERS OFTEN ASK IF WE CAN TREAT THEIR PARTNER/FRIEND
- ▣ IF WE SAY NO THEN THEY REFUSE TREATMENT AS WELL
- ▣ WE WILL PARTNER WITH OUTSIDE AGENCIES TO TREAT NON-INDIANS
- ▣ WE WANT TO BUILD THE SAME TRUST WITH OUTSIDE AGENCIES IF WE TELL THE PATIENT WE WILL GET THEM HELP ALSO

OTHER DISEASES

- ▣ WE RECOGNIZE NOT JUST HEP C
- ▣ WHILE OUR TEAM IS IN THE FIELD WE WILL ALSO WORK ON
 - STD’S
 - DIABETES

- SKIN/BLOOD INFECTIONS
- HYPERTENSION
- DRUG TREATMENT
- OTHER IDENTIFIED CHRONIC HEALTH ISSUES

FALLS PREVENTION

- ☐ STARTING A FALLS PREVENTION PROGRAM
- ☐ STAFF HAVE ALREADY BEEN TO TRAINING
- ☐ PODIATRIST GIVING LECTURES IN JUNE
- ☐ TRAIN AND IMPLEMENT THE SAILS PROGRAM TO STAFF FOR ELDERS AND THOSE AT RISK OF FALLS.
- ☐ *Welcome to our monthly Gov Delivery e-newsletter on Falls Prevention events and advancements in Washington State. We look forward to sharing opportunities for involvement and highlighting the achievements of our partners across the state. If you have an upcoming event or special announcement, please email Carolyn Ham, Older Adult Falls Prevention Specialist, at Carolyn.ham@doh.wa.gov to have it included in upcoming newsletters.*

CDC SAYS:

- ☐ Each year, millions of older people—those 65 and older—fall. In fact, more than one out of four older people falls each year, but less than half tell their doctor. Falling once doubles your chances of falling again

FALLS ARE SERIOUS AND COSTLY

- ☐ **CDC WEBSITE:**
- ☐ One out of five falls causes a serious injury such as broken bones or a head injury.
- ☐ Each year, 2.8 million older people are treated in emergency departments for fall injuries.
- ☐ Over 800,000 patients a year are hospitalized because of a fall injury, most often because of a head injury or hip fracture.
- ☐ Each year at least 300,000 older people are hospitalized for hip fractures.
- ☐ More than 95% of hip fractures are caused by falling, usually by falling sideways.
- ☐ Falls are the most common cause of traumatic brain injuries (TBI).
- ☐ In 2015, the total medical costs for falls totaled more than \$50 billion. Medicare and **Medicaid** shouldered **75%** of these costs.

FALLSTALKSM
New User Spring Training
 March 24 & April 20 8:30^{am} - 4^{pm}
Screening-Only Workshop
 Mar 24, 8:30-10:30^{am} OR
 Apr 19, 3:00-5:00^{pm}

FallsTalk Professional Training
Day 1- March 24, Belfair
Screening & Interview
 8:30 am - 4:00 pm
Screening Workshop
 • Software Installation (optional)
 • Theory, Standards & Reports
 • Outreach Opportunities

FallsTalk Interview training
 •Case Studies & Practice
 •LUNCH
 •FallsTalk Follow-up Interview
 •Using Standardized Measures
 •The Interview in Your Setting
 •Collaboration

Day 2- April, 20 Olympia
Behavioral Intervention
 8:30 am - 4:00 pm
 •Theory & Research Evidence
 •Software Installation
 •Methodology & Practice
 •LUNCH
 •Intervention Calls & Follow-up
 •Case Studies & Practice
 •Managing Your FallsTalk Team
 •Community Outreach
 •Research Opportunity

Victoria Panzer, EdM, PhD & Kay Koontz, RN, MPA will offer FallsTalk new User training this Spring

The FallsTalk falls prevention program is a Behavioral Intervention that is offered one-on-one to your clients in any location

FEDERALLY APPROVED
 The FallsTalkSM Behavioral Intervention meets the highest tier Admin. on Community Living - Admin. on Aging criteria for evidence-based health promotion/ disease prevention programs. Research for FallsTalk was funded by the National Institute on Aging of the National Institutes of Health.

PLEASE NOTE:
 Registration is limited
 To speak with someone about FallsTalk, email us at: info@FallScape.org
 call: 206-317-3173
 or go to our website: www.FallScape.org

Sponsor- WA State DQH
 If you are interested in applying for a Scholarship to attend, please contact Carolyn Ham, State Fall Prevention Specialist for details and an application
 Carolyn.Ham@DOH.state.WA
 360-236-4795

WHAT WE OFFER AT CTWC

- ☐ 3 PHYSICIANS AND 2 ARNP
- ☐ 2 RN, 2 LPN, 1 MA
- ☐ PHARMACY WITH PHARMACIST
- ☐ INHOUSE LABORATORY/TECHNOLOGIST
- ☐ DENTIST, 2 ASST.
- ☐ HYGIENIST
- ☐ DIABETIC PROGRAM
- ☐ MAMMOGRAMS
- ☐ PODIATRIST
- ☐ CHEMICAL DEPENDENCY
- ☐ MENTAL HEALTH
- ☐ SOCIAL SERVICES-ICW-VOC REHAB-DOMESTIC VIOLENCE
- ☐ HEALTHY FAMILIES PARENTING PROGRAM

TIMELINE

- FIRST 3-6 MONTHS TRAINING STAFF AND MARKETING PLAN TO TRIBAL MEMBERS AND COMMUNITY WE SERVE, GATHERING DATA
- NEXT 6-12 MONTHS VISITING OUR TARGET POPULATION AT THEIR LOCATION, EVEN IF THEY ARE HOMELESS. WE WILL FIND THEM AND SPEND THE NECESSARY TIME TO GAIN THEIR TRUST.
- 6 MONTHS AFTER START OF PROJECT START SCREENING ALL AI/AN'S 18 YEARS OF AGE AND OLDER FOR HEP C AND DETERMINE TREATMENT.
- YEAR 2 WE PLAN TO HAVE OUR PLAN AND TEAM FULLY IMPLEMENTED AND START LOOKING AT THE SUCCESS AND STATISTICS OF OUR FIRST YEAR AND DETERMINE WHAT WORKED AND DIDN'T WORK AND WILL CONTINUE MOVING FORWARD.
- START A MAT PROGRAM WITH SUBOXONE, VIVITROL, ETC.
- STAFF TRAINED FOR THE SAILS PROGRAM FOR FALLS PREVENTION BY SEPTEMBER 01, 2018 AND READY TO IMPLEMENT